



# Lifestyle & Fitness Competition

SR DIVISION  Jr Teen

Teen

Miss

NAME \_\_\_\_\_

TITLE \_\_\_\_\_

EMAIL \_\_\_\_\_

PHONE \_\_\_\_\_

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## EMCEE CARD

NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

Describe how you lead a healthy lifestyle. (This will be read by the emcee while you compete.)