



Friday – Dinner and Welcome Celebration @ 6pm (registration @ 5pm)

Saturday – A Dedicated Learning & Prep Day

Please note that **Saturday is designed as a learning and preparation day for our delegates**. This means there is a limited schedule throughout the day. Instead, you are free to book private sessions as you see fit. Use this day to fully focus on preparing for Nationals, refining your walk, polish interviews, plan wardrobe, and gain individualized feedback.

The only scheduled programming for Saturday includes:

- Breakfast will be available @ 8:30am
- A brief morning speech from **Miss Teen USA - Mailyn Marsh @ 9am**
- Walking workshop with **Layilah Nasser @ 10am** (not required to attend but highly encouraged)
- Lunch will be available @ 1pm
- Positive Empowerment with 2025 **USA National Miss Teen - Sophia Cespedes @ 2pm**
- Walking workshop with **Abelgas Consulting @ 3pm** (not required to attend but highly encouraged)

The remainder of the day is yours to:

- Participate in judged mock interview sessions with feedback
- Shop for wardrobe pieces
- Book private coaching sessions
- Take headshots
- Enjoy the experience and connect with fellow delegates

Please reach out to the coaches directly to coordinate your private scheduling.

There is **no set required schedule for Saturday**, and attendance at sessions is based on your personal preparation goals.

Sunday – All Things Nationals

Sunday will be our dedicated information day where we will go over everything related to Nationals. Expectations, preparation tips, important details, and final guidance to ensure you feel confident and ready.